CECENO (Turkey)

Learned from various members of the Turkish National Ensemble in Ankara, Turkey. Dance is from Diyarbakır in Southeastern Turkey.

Pronunciation:

Record: Horon 101, Side II, #2. 2/4 meter, medium fast.

Formation: Bodies close, hands joined and down at sides. Dancers should arrange themselves by height.

cts Pattern INTRODUCTION, 8 cts. Facing ctr, moving LOD, stamp L in front, no wt. Step L across R, bend both knees. 3 Step R to R, knees straight. Step L across R, bend both knees. 4 5-8 Repeat action of cts 3-4 twice. 9 Step R in place. 10 Touch L heel to ctr. 11 Step in place on L, turning body to face LOD. 12 Touch R heel to R. Repeat action of cts 9-12. 13-16 17 Facing LOD and moving bkwd, step on R. 18 Step L. 19-20 Repeat action of cts 17-18.

- 21 Step in place on R, facing to ctr.
- 22 Point L toe in place under the body.
- 23 Step L fwd.
- Point R toe in place under the body and raise hands to shldr height, elbows bent.
- With L ft in front of R and wt on the balls of ft, dip in place by bending both knees.
- Bounce twice in place on the balls of ft, hands bounce twice.
- 27-30 Repeat action of cts 25-26, two more times.
- 31 Swing hands down to sides as you step on both ft.
- 32 Pause in place.

Presented by Bora Özkök